

# MAÎTRE FRIGO

## MON PROJET D'ATELIER ANTI-GASPI

---

---

JE SUIS

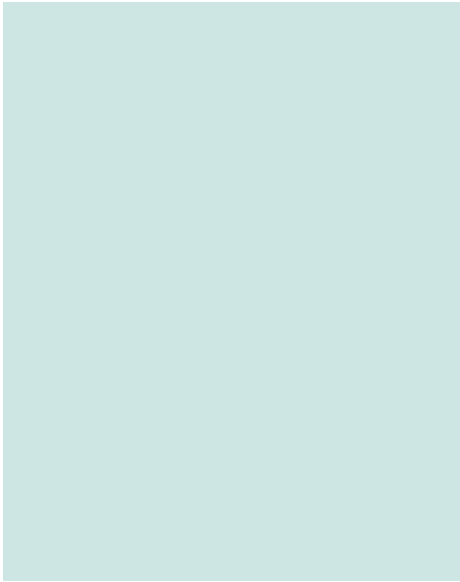
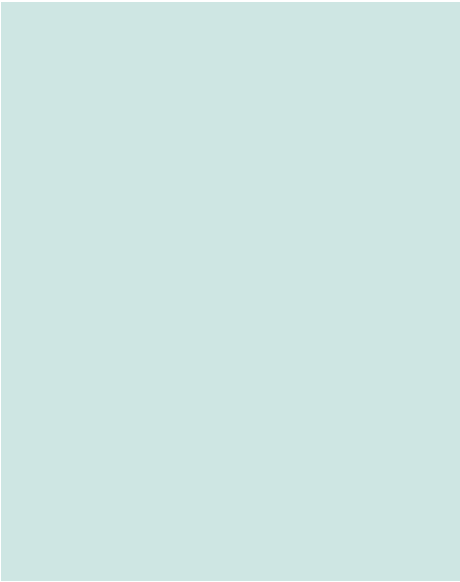
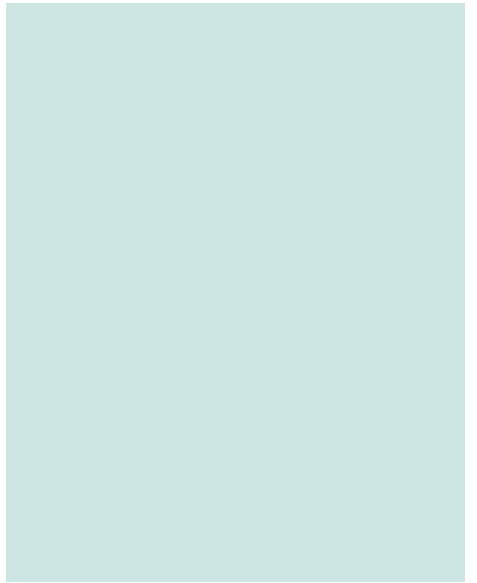
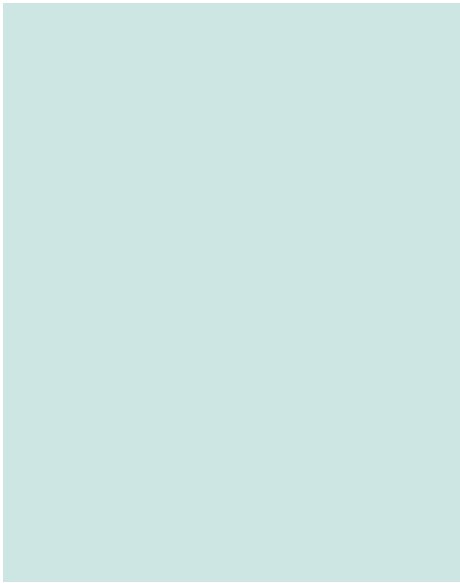
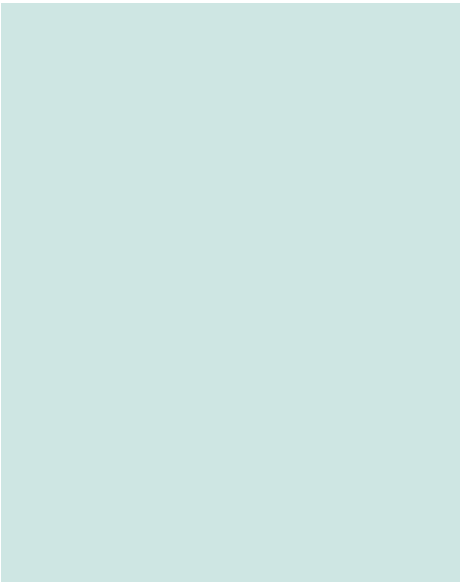
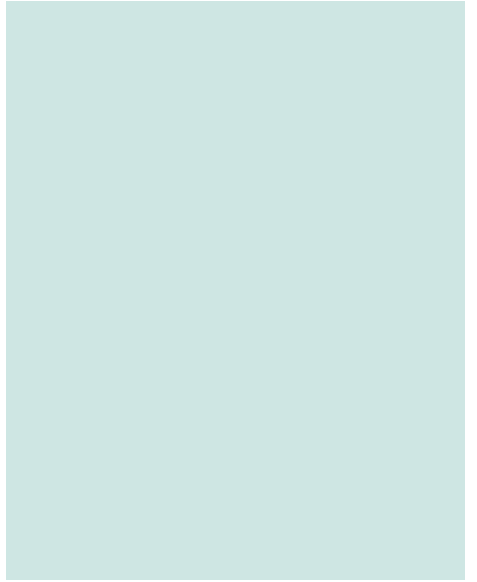
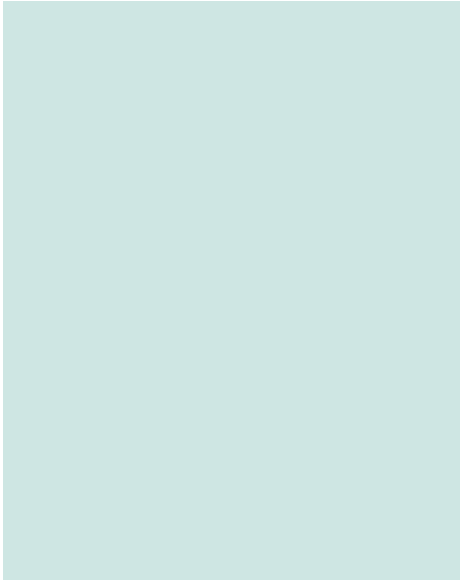
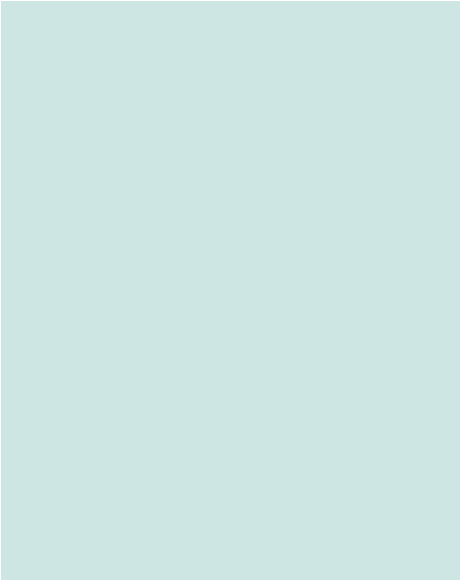
---

---





# MON CONCEPT



**MES NOTES**

---

---

---

---

---

---

---

---

---

---



# LE SOUTIEN ET LES OUTILS DONT J'AURAI BESOIN

## POUR ORGANISER MON PROJET

---

---

---

---

---

---

---

---

## POUR ANIMER MON ACTIVITÉ

---

---

---

---

---

---

---

---

## POUR COMMUNIQUER SUR MON PROJET

---

---

---

---

---

---

---

---

## POUR ME SOUTENIR ET ME TENIR À JOUR DANS MES CONNAISSANCES ANTI-GASPI

---

---

---

---

---

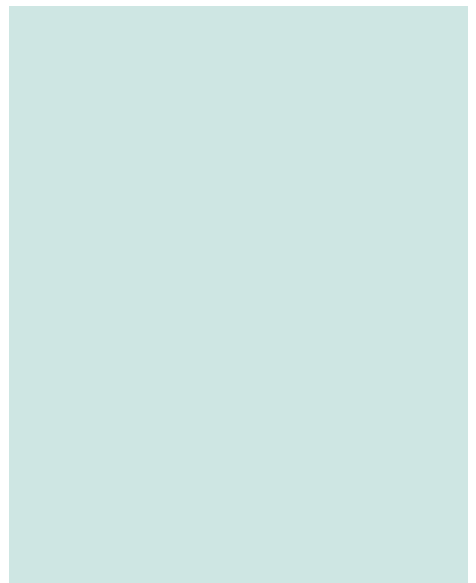
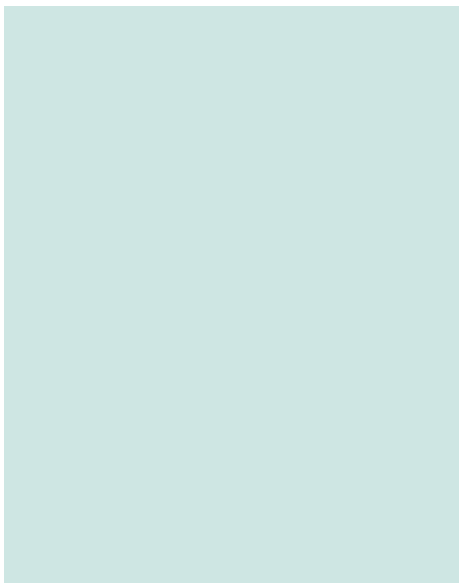
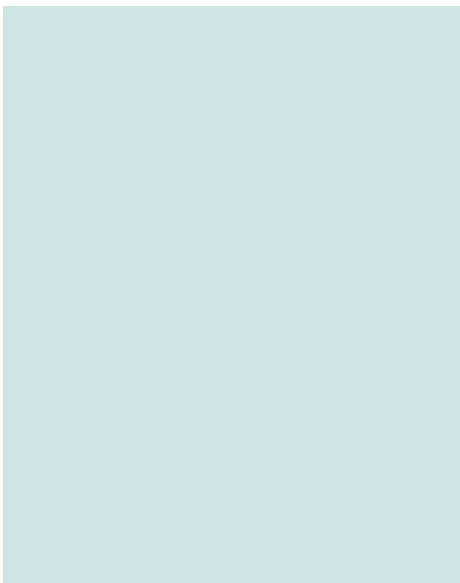
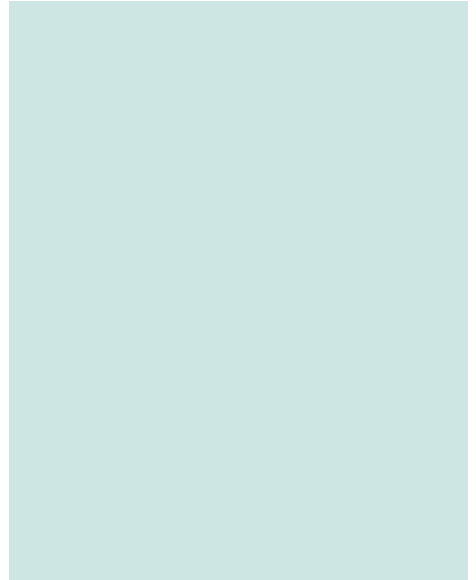
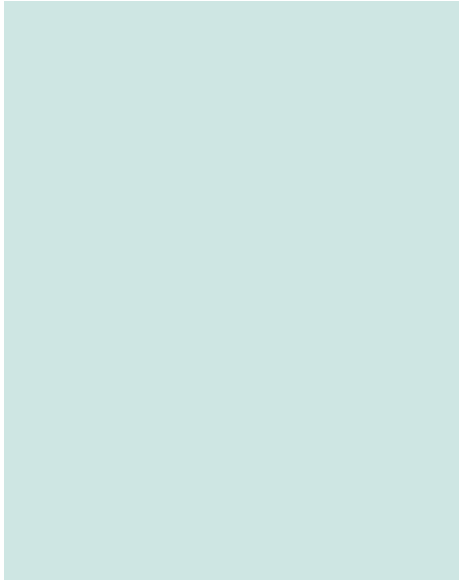
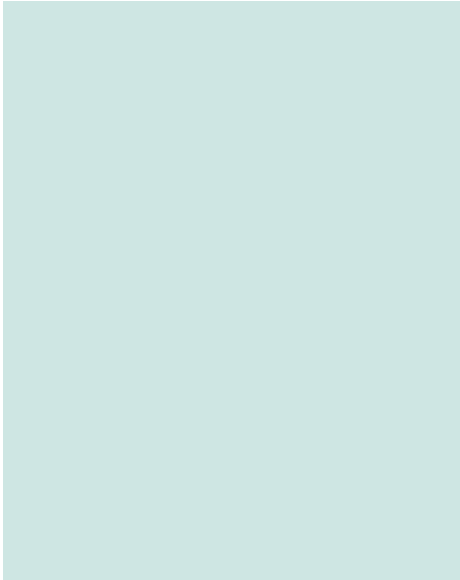
---

---

---



# MES OUTILS



## MES NOTES

A large light teal rectangular area containing several horizontal dashed lines for writing notes.



# MES OBJECTIFS

**AVEC QUEL(S) RÉSULTAT(S) SERAI-JE  
SATISFAIT(E) DE MON ACTIVITÉ ?**

---

---

---

---

---

---

---

---

**QUEL(S) MESSAGE(S) LES PARTICIPANTS  
AURONT EMPORTÉ AVEC EUX ?**

---

---

---

---

---

---

---

---

**QU'AURONT-ILS ENVIE DE METTRE  
EN PLACE EUX-MÊMES ?**

---

---

---

---

---

---

---

---

**QU'AURONT-ILS ENVIE DE TRANSMETTRE  
AUTOUR D'EUX ?**

---

---

---

---

---

---

---

---



# MA LOGISTIQUE

## PROMOTION



Blank area for notes under the 'PROMOTION' section.

Blank area for notes under the 'PROMOTION' section.

Blank area for notes under the 'PROMOTION' section.

## ORGANISATION



Blank area for notes under the 'ORGANISATION' section.

Blank area for notes under the 'ORGANISATION' section.

Blank area for notes under the 'ORGANISATION' section.

## SUIVI



Blank area for notes under the 'SUIVI' section.

## MES NOTES

Area for notes with horizontal dashed lines for writing.

MAÎTRE  
FRIGO

# MA LETTRE D'ENGAGEMENT EN TANT QUE MAITRE FRIGO



JE, SOUSSIGNÉ(E),

-----

M'ENGAGE À ORGANISER

-----  
-----  
-----  
-----

L'OBJECTIF DE MON ACTIVITÉ SERA DE

-----  
-----  
-----  
-----

VOILÀ COMMENT JE COMPTE M'Y PRENDRE

-----  
-----  
-----  
-----  
-----  
-----  
-----  
-----

BRUXELLES

SIGNATURE -----

